# Warm Welcome in Okehampton

## The London Inn

Midweek lunchtimes are not a particularly busy time for us and we have loads of space. we plan to stay open and heat the pub as normal. So we will be offering free hot drinks to anyone who needs to save a bit of money by turning their heating off for a while. Come in, keep warm and have a cuppa or two on us. We'll put some board games out

Our open fire will be lit right through the winter and hopefully brighten up a bleak winter for a few people and helping with the social isolation that covid brought to so many.

So between the hours of 12 and 4, Mon to Friday, when it's cold, we'll keep you warm.

Yes, we already offer this service free tea and coffee is available all day during our opening times which is 10am-11/12pm depending on the day of the week.

We have heating on, an open fire and board games that people can enjoy.

All of this is completely free

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# **Okehampton Library**

#### YOUR LOCAL LIBRARY IS A LIFELINE THIS WINTER

Okehampton Library will be offering so much more than books this winter. It's a warm, welcoming space with free WiFi and computer access, people to chat to, groups and activities. Enjoy a chat with other customers over a FREE tea, coffee or hot chocolate, kindly supplied by Waitrose Okehampton, and have a go at our jigsaw puzzle.

We know it's going to be a tough winter with the cost-of-living crisis and heating bills rising. So, libraries are launching a 'Libraries for Life' campaign to remind everyone that we're not just about books!

As well as being a warm space to sit and read, there are activities too:

- Bounce & Rhyme for under 5's and their carers every Tuesday 10:00-10:20 & 11:00-11:20
- Cuppa & A Chat every Tuesday for adults to enjoy a natter 13:30-15:30
- Duplo storytime for under 5's and their carers every Wednesday 9:45-10:15
- Lego Builders for age 5+ and their carers every Saturday 10:30-11:30

If you need help navigating your way round a computer, there's free IT help sessions on offer. Our Reading Well titles are a range of books covering physical and mental health, and include titles aimed at children and teens. And don't forget, if you're housebound or struggling to get to the library, our Home Delivery Service can deliver not just books but a friendly chat too!

Keep an eye out for more events and activities at Okehampton Library throughout the winter.

Visit our Website: <u>www.devonlibraries.org.uk/web/arena/okehamptonlibrary</u> Follow us on Facebook.

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## Madewell

We have taken over what used to be the American Diner on St James Street in Okehampton. We are a community Well-Being Cafe and open from 10am to approximately 4pm Monday to Saturday. We offer a warm space and staff who are trained in outreach work, listening & signposting. We offer support to all members of the community struggling with mental health and well-being. We offer a place of safety, social interaction and access to therapeutic activities and practical support. We also offer delicious home-made cakes.